

Mercury Surgery Center, LLC
901 Heartland Road
Plaza 2 Suite 1820
St. Joseph, Mo. 64506
816-364-2772

Discharge Instructions for Pubo-Vaginal Slings

1. The medication used for your anesthesia may delay reflexes and reduce reaction time; therefore, for the next 24 hours:
 - a. No driving or operating machinery
 - b. No strenuous activity
 - c. No alcohol
 - d. Take it easy
2. May remove TED hose when up and about.
3. After packing is removed, you may begin sitz bath.
4. Please use stool softeners as needed.
5. No pushing, pulling or lifting (i.e. more than 10-15 pounds)
6. No tub baths for one week.
7. May shower after packing is removed. Pat dry incisions.
8. Steri-strips will loosen and fall off by themselves.
9. Drink plenty of fluids. No diet restriction.
10. Call for temperature above 101 or redness, swelling, or drainage from your incisions.
11. May climb stairs slowly. May walk as tolerated.
1. No driving until after first physician's visit.
2. You may experience nausea and vomiting. If persistent, call your doctor.
3. Foley catheter care
 - a. Cleanse around catheter with soapy water 2-3 times a day. Cleanse bag with soapy water
 - b. Wash hands before and after emptying catheter bag.
 - c. Keep catheter bag lower than abdomen.
 - d. May shower with catheter in place.
4. If you have any problems or questions notify your doctor at::
Phoenix Urology—816-232-8877
Mercury Surgery Center, LLC—816-364-2772

5. Your Appointment: _____

6. Home Health Agency: _____

7. Specific Instructions: _____

8. Prescription as directed: _____

I have read and understand the following instructions:

Patient

Nurse's Signature

Date

Responsible Person