

Mercury Surgery Center, LLC

901 Heartland Road
Plaza 2 Suite 1820
St. Joseph, Mo. 64506
816-364-2772

LITHOTRIPSY DISCHARGE INSTRUCTIONS SHEET

1. The medicine used for your anesthesia or sedation may delay reflexes and reduce reaction time; therefore, for the next 24 hours:
 - a. No driving or operating machinery
 - b. No strenuous activity
 - c. No alcohol
 - d. Take it easy today
2. Call for persistent nausea and vomiting
3. Call if having severe pain, fever over 101.5, or chills occur
4. Drink plenty of water-minimum of 4 glasses per day.
5. Strain urine for stones and save to bring to the office.
6. Common occurrences after lithotripsy:

- A. FLANK PAIN
- B. REDNESS TO SKIN
- C. BRUISING
- D. BLOODY URINE

7. If you have any problems or questions notify your doctor at:

Phoenix Urology 816-232-8877

Mercury Surgery Center 816-364-2772

8. Your appointment: _____

Specific instructions: _____

Take prescriptions as directed: _____

I have read and understand the above instructions:

Patient

Nurse's Signature

Date

Responsible Person