

Mercury Surgery Center, LLC
901 Heartland Road
Plaza 2 Suite 1820
St. Joseph, Mo. 64506
816-364-2772

Following Urinary Procedure with Catheter Placement

1. The medicine used for your anesthesia or sedation may delay reflexes and reduce reaction time; therefore, for the next 24 hours:
 - a. No driving or operating machinery
 - b. No strenuous activity
 - c. No alcohol
 - d. Take it easy
2. Irrigate catheter as directed if catheter becomes clotted—see below.
3. Limit lifting, pulling and pushing until urine is clear.
4. Drink plenty of fluids.
5. Call for temperature over 101.
6. Diet as tolerated.
7. You may experience nausea or vomiting. If persistent, call your doctor.
8. May use heating pad to abdomen for pain relief and promotion of muscle relaxation.
9. Foley catheter irrigation:
 - a. symptoms—abdominal pain, bladder spasms, no urine, the need to urinate
 - b. Collect supplies: emesis basin x 2, syringe, sterile water, towels
 - c. Wash hands before and after irrigation
 - d. Fill syringe with sterile water
 - e. Disconnect catheter from tubing to catheter bag
 - f. Insert syringe into catheter and inject water
 - g. For clots-pull back on syringe, irrigate until clots clear and fluid drains easily.
 - h. Reconnect tubing
10. Foley catheter care:
 - a. Cleanse around catheter with soapy water 2-3 times a day. Cleanse bag daily with soapy water
 - b. Wash hands before and after emptying catheter bag
 - c. Keep catheter bag lower than the abdomen
 - d. May shower with catheter in place
11. If you have any problems or questions notify your doctor at:

Phoenix Urology 816-232-8877
Mercury Surgery Center, LLC 816-364-2772

Your appointment: _____

Specific instructions: _____

Prescriptions: _____

I have read and understand the above instructions:

Nurse's Signature _____

Responsible Person

Date