

Mercury Surgery Center

INCISION CARE

NO PUSHING, PULLING, OR LIFTING OVER 5 LBS. FOR 6 WEEKS
UNLESS OTHERWISE DIRECTED BY YOUR PHYSICIAN

MAY SHOWER TOMORROW

NO TUB BATHS OR SWIMMING

TAKE PLASTIC OFF OF INCISION IN 4 DAYS

STERI-STRIPS WILL FALL OFF IN 4-7 DAYS

CALL FOR TEMPERATURE OVER 101, REDNESS, SWELLING, OR
DRAINAGE

MAY CLIMB STAIRS SLOWLY IF NECESSARY

NO DIET RESTRICTIONS

MAY WALK AS MUCH AS TOLERATED

NO DRIVING UNTIL AFTER PHYSICIAN'S VISIT OR PAIN FREE

Signature: _____ Date: _____